

SOCIAL SKILLS

BEYOND THE BASICS

INITIAL SOCIAL SKILL

STRAND

- initiate eye contact
- joint reference-shift gaze conversation
- maintain eye contact
- smile in response to communicative attempts
- acknowledge presence of others
- cease activity to attend to communication
- recognize and use facial expressions
- attempt to initiate communication
- imitate actions/communication
- nonverbal turn-taking
- engage in solitary play
- engage in parallel play
- engage in symbolic play
- share

LOOK UP AND SAY “HELLO”



LET'S START A CONVERSATION

What did...

Where did...

Are you...

Who did...

What are...

How was...

Did you...

BEYOND INITIAL SOCIAL SKILLS

☀ ADAPTIVE BEHAVIORS

☀ IMPULSE CONTROL

☀ INTERPERSONAL
RELATIONS

☀ SELF-ESTEEM

☀ SOCIAL SPEECH

☀ EXPRESSING FEELINGS

☀ SOCIAL RELATIONSHIP

☀ CLASSROOM SKILLS/
COMMUNITY LIVING

☀ DECISION MAKING AND
PROBLEM SOLVING

☀ CONFLICT
MANAGEMENT

☀ SELF-ADVOCACY

IMPULSE CONTROL



INTRODUCE YOURSELF

WHEN YOU SEE
SOMEBODY NEW WALK
INTO A ROOM, WHAT
DO YOU DO?

INTRODUCE YOURSELF,
LOOK THEM IN THE
EYES, SAY “_____”,
“_____”, OR “HI”.

SHAKE THEIR HAND
AND TELL THEM YOUR
NAME.

“MY NAME IS _____”.

THEN LISTEN FOR
THEIR NAME, REPEAT
THEIR NAME.

THEN SAY “_____, IT’S
NICE TO MEET YOU!”.

SETTING THE SOCIAL SKILL STAGE

- ☀ SPECIFIC SKILLS TO BE LEARNED
- ☀ CONCEPTS NEEDED TO PERFORM SKILLS
- ☀ ASSESSMENT (PRE/POST)
- ☀ EXAMPLE (ROLE PLAY/ACT OUT/VIDEO CLIP)
- ☀ DISCUSSION QUESTIONS
- ☀ MUSIC CONNECTIONS/IMPROVISATION/GROUP EXPERIENCE

ASSESSMENT SCALE

- 1 ALMOST NEVER
- 2 USUALLY NOT
- 3 SOMETIMES
- 4 USUALLY
- 5 ALMOST ALWAYS

LISTENING SKILLS

■ SKILLS TO BE LEARNED:

- 1. MAKE EYE CONTACT**
- 2. LOOK TOWARD THE SPEAKER**
- 3. NOD HEAD OR REACT TO SHOW UNDERSTANDING**
- 4. REPEAT WHAT SOMEONE SAYS**
- 5. ASK SOMEONE TO REPEAT**
- 6. ASK QUESTIONS TO GET MORE INFORMATION**

BE A GOOD LISTENER

WHEN YOU DON'T DAYDREAM, AND LISTEN TO THE SPEAKER, THAT MAKES YOU A GOOD LISTENER.

WHEN YOU LOOK AT SOMEONE WHO'S TALKING TO YOU, THAT MAKES YOU A GOOD LISTENER.

OH, O, OH, BE A GOOD LISTENER.

OH, O, OH, BE A GOOD LISTENER.

DON'T TALK TO YOUR FRIENDS, PAY ATTENTION, THAT MAKES YOU A GOOD LISTENER.

AND WHEN YOU STOP, AND ASK A QUESTION, THAT MAKES YOU A GOOD LISTENER. (CHORUS)

WHEN YOU REPEAT WORDS THE SPEAKER SAID, THAT MAKES YOU A GOOD LISTENER.

DON'T INTERRUPT WHEN SOMEONE IS TALKING, THAT MAKES YOU A GOOD LISTENER. (CHORUS)

DON'T DAYDREAM, LOOK AT THEIR EYES, PAY ATTENTION, DON'T LOOK AT THE SKY.

ASK QUESTIONS, REPEAT WORDS, THOSE ARE THINGS, YOU NEED TO LEARN!

I NEED TO ASK FOR SOME HELP.

EXAMPLE DISCUSSION QUESTIONS:

- 1.WHY DO SOME PEOPLE NEED HELP?**
- 2.HOW DO YOU ASK FOR HELP?**
- 3.HOW DO YOU DECIDE WHO TO ASK?**
- 4.HAVE YOU ASKED FOR HELP BEFORE?**
- 5.WHAT HAPPENED?**

TEAMWORK

THIS IS A LOT OF WORK FOR ONE, OH,
OH, WORK FOR ONE.

WITH MORE HANDS IT COULD BE
MORE FUN, OH, OH, BE MORE FUN.

WHEN YOU'VE GOT A LOT OF WORK TO
DO, ASK SOME FRIENDS TO HELP YOU.

MORE TIME FOR _____, MORE TIME
FOR FUN. LET'S WORK TOGETHER AND
GET THE JOB DONE!

MELODY MAKES THE MUSIC GO, OH,
OH, MUSIC GO.

BUT HARMONY ADDS TO THE FLOW,
OH, OH, TO THE FLOW.

MORE VOICES MAKE THE CHOIR
STRONG, EACH ADD SOMETHING TO
THE SONG.

MORE TIME FOR SINGING WITH
EVERYONE, LET'S GET TOGETHER AND
GET THE JOB DONE!

LIKE THE MUSICIAN IN A BAND, OH,
OH, IN A BAND.

EACH ONE LENDS A HELPING HAND,
OH, OH, HELPING HAND.

GUITARISTS, DRUMMER, THE SINGER
TOO, EACH ONE HAS A JOB TO DO.

MORE TIME FOR JAMMING, MORE TIME
FOR FUN, LET'S WORK TOGETHER AND
GET THE JOB DONE!

PICTURES WITH FRIENDS



I WANT TO TAKE A PICTURE

WHEN YOU SEE BEAUTY
IN A SMILE, TAKE A
PICTURE.

WHEN YOU SEE BEAUTY
IN COLORS, TAKE A
PICTURE.

WHEN YOU SEE BEAUTY
OUTSIDE, TAKE A
PICTURE.

WHEN YOU SEE BEAUTY
THROUGH YOUR OWN
EYES, TAKE A PICTURE.

I WANNA TAKE
PICTURE, SO I
REMEMBER THESE
MOMENTS TOGETHER.

I WANNA TAKE A
PICTURE SO I
REMEMBER THIS
MOMENT FOREVER.



CONFIDENCE- ASSESSMENT

- 1. VERBALIZES SEVERAL POSITIVE SELF-STATEMENTS**
- 2. RECOGNIZES POSITIVE AND NEGATIVE FEELINGS RELATED TO SELF-ESTEEM**
- 3. LISTS AREAS OF STRENGTH AND THINGS TO CHANGE**
- 4. ACCEPTS SELF EVEN IF WANTED TO MAKE A CHANGE**
- 5. BODY LANGUAGE DEMONSTRATES SELF-ASSUREDNESS**

MUSIC BY JOSS STONE

CONFIDENCE

**YOU'D BE SURPRISED WHAT YOU
CAN DO IF YOU JUST TRY.**

**BUT IF YOU DON'T OPEN YOUR
WINGS, HOW YOU GONNA FLY?**

**IT'S IN YOUR WALK-THE WAY YOU
MOVE YOU BODY.**

**IT'S IN YOUR TALK-THE WORDS
YOU SAY.**

**IT'S IN YOUR SMILE-YOUR
CONFIDENCE IS SHOWING.**

AND A LITTLE GOES A LONG WAY.

**THERE'S A STAGE WITH A
SPOTLIGHT, WAITING FOR YOU.**

**BUT IF YOU STAY IN THE
DARKNESS, HOW WILL YOUR
DREAMS COME TRUE?**

**THE FRIENDSHIP TRAIN IS LOADING
UP, WHY NOT STEP INSIDE?**

**CAUSE IF YOU DON'T USE YOUR
TICKET, YOU'LL MISS A REAL FUN
RIDE!**

RULES FOR INTERRUPTING

■ MUSICAL CONNECTION (INSTRUMENT PLAY):

- 1** .PLAYING AND STOPPING (WAITING)
- 2** .LISTEN TO TWO PEOPLE PLAY AND THEN COME IN WITH YOUR INSTRUMENT WHEN THEY ARE DONE- WALK OVER TO THEM
- 3** .LINK EYES WITH SOMEONE BEFORE PLAYING
- 4** .SHORT MUSICAL IMPROVISATION VERSUS LONG

DEALING WITH FEAR



EVERYTHING CHANGES

EVERYTHING CHANGES DAY TO DAY.

SEASON TO SEASON, YEAR TO YEAR.

EVERYTHING CHANGES, PEOPLE TOO.

**I CHANGE, YOU CHANGE, YES, IT'S
TRUE.**

**STRONG WINDS BLOWING CHANGE TO A
GENTLE BREEZE.**

**GREEN TREES CHANGE TO COLORFUL
LEAVES.**

CLOUDY SKIES CHANGE TO SUNNY DAYS.

**TIDE ROLLS IN AND ROLLS OUT WITH THE
WAVES.**

FROM A COCOON COMES A BUTTERFLY.

FLOWERS BLOOM AND THEN THEY DIE.

**SUN GOES UP AND THEN COMES ON
DOWN.**

**MOON CIRCLES THE WORLD AROUND AND
AROUND.**

TEARS I CRY CAN CHANGE TO A SMILE.

ANGRY WORDS CAN CALM FOR A WHILE.

**FRUSTRATED THROUGH CHANGE TO
CONFIDENCE.**

**BOREDOM CAN MAKE WAY FEELINGS
INTENSE.**

JUST MAKE IT EASY

SOME PEOPLE GET NERVOUS BEFORE _____.

SOME PEOPLE GET NERVOUS BEFORE A SHOW.

SOME PEOPLE GET NERVOUS BEFORE _____,

BUT HERE'S A TRICK I KNOW.

JUST MAKE IT EASY. HAVE A LITTLE BIT OF FUN.

JUST MAKE IT EASY, AND SNAP! YOUR JOB IS DONE.

JUST MAKE IT EASY, DON'T MAKE IT SO HARD.

JUST MAKE IT EASY AND SNAP! YOU ARE A STAR!

KEEP YOUR FRIENDS

LET'S LEARN MORE ABOUT OUR FRIENDS

LET'S FOLLOW THE CLASSROOM RULES





JOSH'S GOODBYE SONG

GOODBYE, GOODBYE, TIME SURE DID FLY

GOODBYE, GOODBYE, GOODBYE

FAREWELL, FAREWELL, YOU ALL DID SWELL

SO LONG, SO LONG, JOIN US IN SONG

ADIEU, ADIEU, TO ALL OF YOU.

TA, TA, TA, TA, FA, LA, LA, LA

THIS BOWL

HERE IN MY HANDS I'M HOLDING FAITH

I CARRY IT CLOSE TO ME.

THROUGH THE LIGHT, THROUGH THE DARK,

IT KEEPS ME COMPANY.

I SHARE MY FAITH WITH OTHERS, I SHARE IT AS MUCH AS I CAN.

AND THROUGH I GIVE MY FAITH AWAY, IT ALWAYS COMES BACK AGAIN.

THIS BOWL IS NEVER EMPTY.

THIS GOURD KEEPS MY FAITH IN.

AND THOUGH I GIVE MY FAITH AWAY,

IT ALWAYS COMES BACK AGAIN.

FRIENDS

FRIENDS, OH FRIENDS

THEY ALWAYS MAKE YOU SMILE.

FRIENDS, OH FRIENDS

THEY UNDERSTAND YOUR
STYLE.

THEY'RE THERE WHEN YOU
NEED THEM

TO MAKE YOUR BAD DAY BETTER

AND THAT'S WHY YOUR
FRIENDS

ALWAYS STICK TOGETHER,
STICK TOGETHER.

FRIENDS, OH FRIENDS

I LIKE WHEN THEY DO THINGS
WITH ME.

FRIENDS, OH FRIENDS

THEY MAKE ME FEEL SO HAPPY!

THINK BEFORE YOU SPEAK

WHEN TALKING WITH OTHER
PEOPLE, THINK BEFORE YOU
SPEAK.

WILL YOUR WORDS MAKE
THEM SMILE, OR WILL YOUR
WORDS MAKE THEM SINK?

FIGURE OUT THEIR
FEELINGS, PICK THE RIGHT
WORDS TO SAY.

WHEN YOU THINK BEFORE
YOU SPEAK, YOU BRIGHTEN
EVERYONE'S DAY.

SOME PEOPLE LIKE THINGS
YOU DON'T LIKE, IT'S ALL A
MATTER OF CHOICE.

SOME PEOPLE EAT THINGS
THAT YOU DON'T EAT, IT'S
ALL A MATTER OF CHOICE.

PICK YOUR WORDS, CHOOSE
YOUR VOICE, BE POLITE.
THINK BEFORE YOU SPEAK.

COMMUNICATION

COMMUNICATION. IT'S
THE MESSAGES YOU
GIVE AND RECEIVE.

COMMUNICATION. IS
SHARING HOW YOU
THINK AND YOU FEEL,
AND YOUR IDEAS.

YOU CAN TELL BY THE
LOOK ON MY FACE, IT
SENDS MESSAGES ALL
OVER THE PLACE.

COMMUNICATION.
USING WORDS OR NO
WORDS AT ALL!

(VOICE, FACE, BODY,
POSTURE, WORDS)